

## You Can Help Westside Food Bank!

Westside Food Bank accepts donations of nonperishable food, diapers, and other items M-F 7am to 5pm.

### Food and In Kind Donations:

Westside Food Bank accepts donations of non-perishable food and other items M-F 7am to 5pm.

Contact Allison Griffith at 310-828-6016 x 12 if you have a perishable food donation or if you would like to arrange a different drop-off time. Diaper Drive:

Diapers are urgently needed by our local community! These essential items are not covered under food stamps or other assistance. Partially opened diaper packs are welcome. We'll take all sizes, though sizes 4-5 are most often requested. Contact Allison Griffith at (310) 828-6016 x12 if you have any questions. Too much fruit from your tree?

Westside Food Bank also accepts donations of backyard fruit! Simply collect the fruit from your tree and bring it to the Food Bank Monday through Friday between 11am-5pm. If you need help picking or transporting your fruit, call Food Forward at 818-530-4125 or visit them online at [FoodForward.org](http://FoodForward.org).

### Turkey Drive:

Westside Food Bank is now accepting frozen turkeys for the holidays! Bring your turkey to the Food Bank from M-F 7am to 5pm, or, simply donate online to purchase turkeys for those in need!

### Food Drives:

Hold a Food Drive at your home, business, school or faith organization. Request a food drive here! Please note, 1 week notice is required for barrel delivery and pickup.

Need a poster or barrel sign for your food drive? (PDF format)

The following are the types of food we like to receive: (no glass please, except for baby food.)

Please make sure that all food donated has not been opened if it is not individually wrapped, and that the inner packaging is still intact. Please, no expired food. Cans of:

- Tuna, Vegetables, and Soup
- Fruits and Fruit Juices
- Pork & Beans
- Stews & Other Meats Packaged Foods:
- Pasta, Lentils, Pinto and other beans.
- Macaroni & Cheese & Packaged Dinners
- Instant Soups
- Hot and Cold Cereals
  
- Peanut Butter & other Nut Butters

- Nutritional Bars: protein, granola, energy or breakfast bars

Baby foods are also urgently needed. Sadly, two thousand babies and toddlers are without adequate nutrition each day right here on the Westside of Los Angeles. We want to help them receive the nutrition they need to grow and develop into strong and healthy children. We now have a special section at our warehouse devoted exclusively to infant and toddler nutrition so that our member agencies have easy access to the foods that are so vital to the health and well-being of the children in our community. Please consider collecting the following items:

- Infant formula
  - Jar foods &ndash; all flavors and stages
  - Crackers, teething biscuits, and cookies
  - Raisins & fruit snacks
  - Juices: jars, cans, pouches and boxes
  - Infant and children's cereals
- Other items needed at Westside Food Bank: Socks are needed urgently! New or clean gently-used socks only please. Any size welcome.

Blankets are always needed. Clean new or gently used blankets only please.

Travel Size Sundries are Urgently Needed! Unfortunately, thousands of homeless people lack adequate toiletries each day right here on the Westside of Los Angeles. We want to support their need for cleanliness and to help them feel like they are members of our community. Please remember us if you have Extra Samples of the following:

- travel size shampoo
- travel size conditioner

- travel size soap
- travel size bath & shower gel
- travel size toothpaste and toothbrush
- towels (Clean, gently used or new) Paper products & supplies: Do you have extra paper goods and meal supplies? Westside Food Bank could use them for our member agencies who serve meals! The following are always welcome:
- Plastic forks, spoons and knives
- Paper plates and cups
- Paper towels, napkins
- Small packages of condiments such as ketchup, mustard, salt, sugar, pepper Code Date Guidelines: Are you wondering if the food you want to donate is OK? Check out our Code Date Guidelines.