

## Welcome to Westside Food Bank!

### Hunger & Resilience: An Evening of Stories with Westside Food Bank

Thank you for joining us at "Hunger & Resilience: An Evening of Stories". If you weren't able to attend but would still like to hear the incredible, heartfelt stories shared at the event, a full video is available on our Facebook page.

Westside Food Bank video:

The need for food assistance in our area is up by over 85% since the start of the Great Recession. Please help us put nutritious food on the tables of local families and individuals. Make your donation here and/or sign up to become a virtual fundraiser and invite your friends and family to support our cause as well. Thanks for giving the gift of nourishment.

Westside Food Bank's mission is to distribute as much food as possible to local agencies with food assistance programs and to reduce food waste on the Westside of Los Angeles County. As the food bank warehouse for the Westside since 1981, we annually distribute 4.5 million pounds of food to over 70 local social service agencies. We do not distribute food directly to individuals, only to agencies.

If you need food assistance, click here for our list of food pantries.